



## **Taking Care of Our Community**

Ranging from mild to severe, mental illness can be a devastating issue for any individual or family. At Kettering Behavioral Medicine Center, we help you and your family overcome these disorders and illnesses to lead satisfying, productive lives.

## **Who We Are**

Kettering Behavioral Medicine Center, an affiliate of Kettering Health Network, offers a continuum of behavioral health services for children, adolescents and adults. From crisis evaluation and acute inpatient care, to competent and compassionate follow up care, all services are conveniently located on one comprehensive campus.

The center is a 60 registered bed facility fully accredited by the Joint Commission on Accreditation of Health Care Organizations and licensed by the Ohio Department of Mental Health.

Kettering Behavioral Medicine Center provides safe, individualized treatment within a secure, structured and stable environment on a comprehensive behavioral medicine campus. Individuals are assisted with improving communication, problem solving and coping skills while receiving quality treatment that meets the needs of patients, families and the community.

## **Our Programs and Services**

### **Evaluation Center**

Mental health assessments for children, adolescents and adults provided by a therapist, a clinical nurse specialist or a licensed clinical psychologist are available to determine the best plan for the delivery of mental health services. For information, call 937-534-4600 or visit [www.khnetwork.org/kbmc/](http://www.khnetwork.org/kbmc/).

### **Crisis Assessment Services**

Crisis assessment services for children, adolescents and adults are available at 5350 Lamme Road from 8:30 a.m. – 8:30 p.m. If you have an emergency and you cannot wait until normal business hours, please go to the nearest Emergency Department or call 911.

### **Free Consultations**

Depression, anxiety and other mental health issues can be devastating to an individual or a family. At Kettering Behavioral Medicine Center, free consultations with mental health professionals guide people who may want to seek treatment. For information, call 934-534-4600 or visit [www.khnetwork.org/kbmc/](http://www.khnetwork.org/kbmc/).

### **Safety Net**

Medication and Outpatient Care Management bridge the gap between discharge and aftercare services with a psychiatrist or advanced practice nurse.

### **Acute Hospitalization for Children, Adolescents and Adults**

Kettering Behavioral Medicine Center provides psychiatric treatment and stabilization for children, adolescents and adults on designated units on our comprehensive behavioral medicine campus. Short-term diagnostic and evaluation services with family participation and education are provided.

### **Partial Hospitalization Treatment Program for Ages 12-17**

The Partial Hospitalization Program consists of an outpatient program that operates five days per week, six hours a day, Monday through Friday. Psychotherapeutic/educational treatment with a school component is provided as an alternative to hospitalization or a step down from an acute hospital stay. The child may attend full days or half days.

### **Adult Transition Support Group**

Outpatient adult psychotherapy group by professional referral is offered twice weekly. A licensed clinical psychologist is the lead therapist.





# TAKING CARE OF OUR COMMUNITY

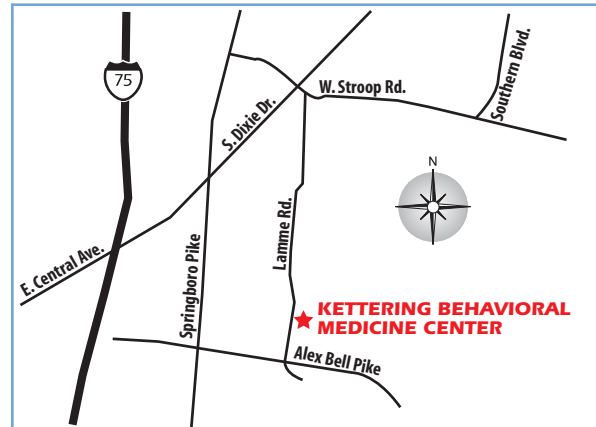


**KETTERING**  
BEHAVIORAL MEDICINE CENTER

KETTERING HEALTH NETWORK<sup>SM</sup>

## Our Mission

Kettering Behavioral Medicine Center is committed to improving the quality of life of the people in the communities we serve through comprehensive psychiatric and behavioral health care and education. We are dedicated to excellence and to providing each individual the most appropriate care in the most appropriate setting.



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[KHNETWORK.ORG/KBMC](http://KHNETWORK.ORG/KBMC)

5350 LAMME ROAD  
DAYTON, OH 45439  
**937-534-4600**

## **Chemical Dependency Assessments**

Chemical dependency assessments are available for adult inpatients and outpatients by professionals experienced in chemical dependency treatment.

## **Psychological Testing Services**

Psychological testing services are provided by a licensed clinical psychologist on an inpatient or outpatient by professional referral basis.

## **Kettering Behavioral Professional Group**

Outpatient psychotherapy and medication services by professional referral are provided by advanced practice nurses, therapists, psychologists and psychiatrists five days a week, evening therapy hours available.

## **Psychiatric Home Care**

Psychiatric Home Care services provided by Kettering Medical Center Home Care. Two RNs provide home-based psychiatric services to individuals who suffer from depression, anxiety, panic disorders and are deemed home bound due to their medical or psychiatric condition.

## Our Team

Our treatment team includes psychiatrists, licensed social workers, licensed counselors, an addictionologist, advanced practice nurses, registered nurses, psychologists, behavioral care associates, therapeutic recreation specialists, occupational therapists, art therapists and pastoral care staff.