

PROVIDING A CONTINUUM OF CARE

At Kettering Behavioral Medicine Center, we strive to provide the best care possible at the least restrictive safe environment appropriate for behavioral health and mental illnesses. The



Partial Hospitalization Program (PHP) provides youth, ages 12-17, the benefits of intensive treatment while allowing them to remain active within their family and community. Each weekday is devoted to therapy and education. In the evening and on weekends, patients return home where they are able to work with their family members and using the coping skills they have learned in treatment.

Program Objectives

- Provide safe, active, individualized treatment program, offering comprehensive psychiatric evaluation and intensive therapeutic intervention within a structured and stable milieu.
- Assist family members with improved communications, problem solving and coping skills
- Aid in stabilization and avoid hospitalizations
- Facilitate return to the community after an inpatient hospitalization
- Provide quality treatment and ensure that the needs of the patients, consumers and community are met.

Participation Expectations

Please arrive promptly between **8:15 – 8:30 a.m.** as the program begins at **8:30 a.m.** and ends at **3:00 p.m.** Patients will not be permitted to leave the building without legal guardian, unless written permission has been given, and are not permitted to receive rides from other participants.

Safety checks may be done if there is suspicion that a patient has inappropriate items with him/her. These items will be gone over on the day of admission.

Patients are not permitted to hold onto his/her personal book bag, purse, coat, etc. any form of medication. All medications are to be given to the nurse upon arrival and will be returned to parent /guardian at dismissal.

Program Activities

Group therapy is an engaging, interactive activity to aid the participants in his or her own therapeutic process. They are able to learn from the life experiences of others, build their social skills, self-esteem, coping skills, and improve conflict resolution skills.

Family therapy allows the patient and guardians to communicate with each other in a controlled, safe environment.

School allows the opportunity for students to work on school assignments for 1 hour a day facilitated by a Master's prepared instructor following local county school yearly schedule.

Medication management will be provided by a child/adolescent psychiatrist who rounds with the patient weekly.

On the Day of Admission

It will take approximately 60–90 minutes to complete the interview and assessment process on the first day in the program. A legal guardian **must** be present to sign papers for admission. A few items will be needed upon admission:

1. Parent/Guardian's legal form of identification
2. Copy of insurance card

Your admission will be:

(date) _____

@ (time) _____

If you have any questions or need to reschedule please contact **Allyn Kraft** at **937-534-4612**.



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TAKING CARE OF OUR COMMUNITY

PARTIAL HOSPITALIZATION PROGRAM



KETTERING
BEHAVIORAL MEDICINE CENTER

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